



# Olympia's Vita Complex

## Overview

Olympia's Vita Complex is packed with B-complex vitamins, to help convert nutrients into energy- and keep your skin looking clear and healthy.

## Ingredient Breakdown

- **Thiamine (B1) 100mg/mL**
  - Improves your immune system, and helps convert fat and carbs into energy.
- **Niacinamide (B3) 100mg/mL**
  - Eases inflammation, and can help maintain healthy looking skin.
- **Riboflavin (B2) 2mg/mL**
  - Increases metabolism and supports your immune system.
- **Dexpanthenol (B5) 2mg/mL**
  - Essential for maintaining healthy skin, hair, eyes, and liver.
- **Pyridoxine (B6) 2mg/mL**
  - Promotes red blood cell production and converts food into energy.

## Dosage, Concentration, Route of Administration

Dosage: Seek advice from a licensed physician, medical director, or other healthcare provider

Concentration: Please see the ingredient breakdown above.

Route of Administration: For IM or IV

## Storage

Store at controlled room temperature. Protect from light.